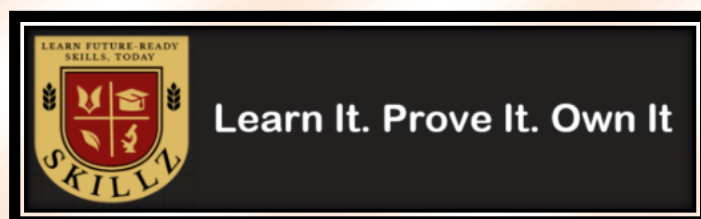




Career Counselling Report



Sample Report





Student profile

| | | |
|-----------------------------|---|--------------------------|
| Name | : | ABC |
| Age | : | 17 years |
| Class | : | 12th |
| Stream | : | Commerce |
| Date of Assessment | : | 11-06-2025 |
| Academic Performance | : | Average to Above Average |
| Languages Known | : | Hindi, English |
| Hobbies/Activities | : | Reading, Sketching |

🔍 Importance of Career Counselling

Career counselling is a guided process to help students make informed academic and professional decisions. With the growing number of career options and competitiveness, choosing the right path aligned with a student's personality, interests, and aptitude is more important than ever.

☐ Benefits:

- Helps in self-awareness and identifying strengths
- Clarifies doubts and offers professional guidance
- Prevents career misfits and future dissatisfaction
- Encourages confidence and goal-setting
- Provides information about new-age career options



Let us explain our Career Counselling Process

1. **Self-Exploration** – Help in understanding one's personality, values, and motivation.
2. **Assessments** – Scientific tests for personality, interest and aptitude assessments.
3. **Career Research** – Exploring various career clusters and educational paths on the basis of your test results.
4. **Counselling Session** – Interaction with a professional counsellor.
5. **Career Planning** – Choosing stream/subjects or higher studies path.
6. **Goal Setting** – Creating a roadmap for short and long-term goals.





Understand Role of Assessment in Career Guidance

1. Your Personality

reveals behavior patterns, work styles, and emotional traits that influence career satisfaction and success.

2. Your Interest

helps in understanding what types of careers naturally appeal to you.

3. Your Aptitudes

evaluates logical, numerical, verbal, spatial, and other abilities to determine what are good at.

These three assessments together offer a **holistic career match**.



Your MBTI Personality Assessment

Personality Type: INFJ – “The Advocate”

Description:

INFJs are insightful, deeply intuitive, and principled individuals. They often seek purpose in everything they do and desire to help others.

Personality Overview:

- **Introversion (I):** Prefers reflection and inner thought. Energized by solitude.
- **Intuition (N):** Focuses on big-picture ideas and future possibilities.
- **Feeling (F):** Makes decisions based on personal values and empathy.
- **Judging (J):** Prefers structure, organization, and planning ahead.

💡 Core Strengths:

- Empathy and deep emotional insight
- Visionary thinking and creativity
- Strong written and verbal communication
- Desire to help and uplift others
- Integrity and commitment to values
- Independent and determined

Best Career Matches for INFJs:

Humanitarian & Social Impact:

- Psychologist / Therapist
- Social Worker
- Counselor (Career, Guidance, Mental Health)
- Non-Profit Manager
- Human Rights Advocate
- Environmental Planner

Creative & Communication:

- Writer / Author
- Editor
- Graphic Designer
- Content Strategist
- Art Director
- Filmmaker / Documentarian

Education & Academia:

- Professor / Teacher (especially in humanities or social sciences)
- Librarian
- Educational Consultant

Health & Wellness:

- Clinical Psychologist
- Occupational Therapist
- Nutritionist / Holistic Health Coach
- Speech Therapist





Spiritual & Philosophical Roles:

- Clergy / Spiritual Advisor
- Philosopher / Theologian
- Meditation / Mindfulness Coach

Analytical & Tech (with a human focus):

- UX Designer (User Experience)
- Human-Centered AI Ethicist
- Data Analyst for Social Causes
- Researcher in Social Sciences or Humanities

Long-Term Growth Tips:

- Set firm boundaries to avoid burnout
- Regularly check in on personal values vs. career path
- Seek mentorship and community with like-minded professionals
- Learn assertiveness and constructive feedback handling
- Consider freelancing or hybrid work for more control




Summary:

INFJs thrive in meaningful, people-focused, and ethically aligned careers. They bring empathy, vision, and a deep drive to uplift society. The ideal career path is one that blends **personal fulfillment with societal contribution**. They should prioritize self-care and authenticity while pursuing careers aligned with their core values.



RIASEC Interest Inventory Results

Your RIASEC Scores:

| Domain | Score (/100) | Significance |
|---|--------------|--------------------|
| Realistic | 45 | Moderate interest |
| Investigative  | 82 | Strong preference |
| Artistic  | 70 | Strong preference |
| Social  | 85 | Highest preference |
| Enterprising | 50 | Average interest |
| Conventional | 40 | Low interest |

Dominant Interest Themes: SIA (Social – Investigative – Artistic)



1. Social (85)

You enjoy **helping, teaching, healing, or providing service to others**. You're compassionate, cooperative, and value human connection.

2. Investigative (82)

You enjoy **exploring ideas, solving problems, and conducting research**. You are analytical, curious, and intellectually oriented.

3. Artistic (70)

You are drawn to **creative expression**, originality, and innovation. You thrive in non-conformist, unstructured environments.



💡 Summary of Your Personality-Interest Fit:

You are a **thoughtful, creative problem-solver** who enjoys **meaningful interpersonal engagement, intellectual exploration, and self-expression**. You're likely to thrive in roles that **combine social impact with research and creativity**, rather than repetitive tasks or purely commercial activities.

🎓 Ideal Career Fields Based on SIA Profile:

👤 Social + Investigative:

- Psychologist / Mental Health Counselor
- Clinical Social Worker
- Healthcare Researcher (e.g., public health)
- Educational Psychologist / School Counselor
- Occupational Therapist
- Speech-Language Pathologist

🔍 Investigative + Artistic:

- User Experience (UX) Researcher
- Cognitive Science or Human Factors Researcher
- Science or Medical Writer
- Behavioral Economist
- Urban Planning Analyst
- Environmental Scientist / Sustainability Analyst

🎨 Artistic + Social:

- **Drama or Art Therapist**
- **Creative Arts Teacher / Trainer**
- **Public Relations Specialist for NGOs or cultural organizations**
- **Storytelling Coach / Communications Consultant**
- **Museum Educator or Exhibit Designer**

🔧 Career Skills to Develop:

| Skill Area | Why It's Important |
|------------------------|--|
| Emotional Intelligence | For meaningful human interactions and therapy work |
| Research Methodology | To support data-driven decisions and insights |
| Creativity & Design | For engaging communication and innovation |
| Communication Skills | Both written and spoken, for impact and clarity |
| Critical Thinking | To analyze social issues and solve problems |

🚀 Next Steps for Career Development:

1. **Take internships or volunteer roles** in counseling centers, research labs, or creative agencies.
2. **Join professional networks** (e.g., psychology societies, artist collectives, education forums).

3. **Develop a personal portfolio or blog** to showcase your interests in research or social causes.
4. **Pursue certifications** in mental health first aid, UX design, or creative facilitation.

So, :

You are ideally suited for a **people-oriented, research-driven, and creatively fulfilling career**. Your interests align with helping others, understanding human behaviour, and expressing ideas in original ways. Focus on roles that provide **purpose, freedom, and continuous learning**.





Aptitude Test Results

Overview of Scores:

| Aptitude Area | Score (/100) | Remarks |
|-------------------------|--------------|---------------------------------|
| Verbal Ability | 78 | Strong communicator |
| Numerical Ability | 65 | Average to good |
| Logical Reasoning | 72 | Good problem-solving skills |
| Spatial Reasoning | 55 | Moderate |
| Mechanical Aptitude | 40 | Less inclined |
| Clerical Speed/Accuracy | 50 | Average |
| Abstract Reasoning | 70 | Above average abstract thinking |

Key Strength Areas:

- Verbal Ability (78)**
 - Excellent command over language
 - Strong reading comprehension and articulation
 - Effective in communication-heavy roles
- Logical Reasoning (72)**
 - Good analytical thinking
 - Able to assess and solve complex problems logically
- Abstract Reasoning (70)**
 - Strong pattern recognition and conceptual thinking
 - Good at handling ambiguity and theoretical problems
- Numerical Ability (65)**
 - Capable of interpreting data and handling quantitative tasks



Development Areas:

1. Mechanical Aptitude (40)

- Indicates a lower preference for hands-on technical or mechanical work
- Roles involving engineering tools, machinery, or manual processes may not be ideal

2. Clerical Speed/Accuracy (50)

- Average performance in tasks involving repetition and precision under time pressure
- May prefer dynamic and creative tasks over repetitive clerical duties

3. Spatial Reasoning (55)

- Moderate skill in visualizing objects and space
- May find highly visual-design roles (e.g., architecture) less intuitive without training

Aptitude-Based Career Alignment:

🎓 Ideal Career Domains:

| Domain | Why It's Suitable |
|-----------------------------|---|
| Psychology / Counseling | Leverages verbal, logical, and abstract reasoning |
| Education / Training | Strong verbal ability and logical thinking enhance teaching roles |
| Law / Legal Services | Requires verbal dexterity, reasoning, and abstract thinking |
| Market Research / Analytics | Combines logical, numerical, and abstract thinking |
| Content / Media / Writing | Strong communication and idea synthesis |

| | |
|-----------------------------|--|
| Public Relations / Branding | Strategic communication, abstract messaging, people engagement |
| Data Interpretation Roles | Involves numerical and logical thinking (e.g., business analyst) |
| Human Resource Management | Communication + problem-solving + decision-making roles |

🔍 Possible Career Roles Based on Strength Areas:

🗣️ Communication & Language:

- Content Writer / Copywriter
- Public Relations Specialist
- Corporate Communications Manager
- Journalist
- Technical Writer

✓ Analytical & Problem-Solving:

- Business Analyst
- Psychologist
- Educational Counselor
- Legal Researcher / Paralegal
- Intelligence Analyst





Education-Oriented Roles:

- Lecturer / Professor
- Instructional Designer
- Language Trainer
- E-learning Content Developer

Insight:

You show **high potential in verbal and analytical domains**, making you well-suited for careers that combine **communication, analysis, abstract thinking**, and **interpersonal insight**. Your profile fits best in roles that are **people-focused, mentally stimulating, and purpose-driven** rather than technical or highly structured clerical jobs.





Final Career Recommendations (Integrated)

Final Career Recommendations (Integrated Report)

🎯 Your Integrated Profile:

| Assessment | Result |
|--------------------|---|
| Personality (MBTI) | INFJ – Idealistic, empathetic, purposeful, reflective |
| RIASEC Type | SIA – Social, Investigative, Artistic |
| Aptitude Strengths | Verbal ability, Logical & Abstract Reasoning |
| Aptitude Moderates | Numerical Reasoning, Spatial Reasoning (moderate) |
| Aptitude Gaps | Mechanical Aptitude, Clerical Speed/Accuracy |

□ Key Insights:

- You are **empathetic and insightful** (INFJ), ideal for careers that help others and involve meaningful work.
- You show **strong interest in social impact, problem-solving, and creative expression** (RIASEC: SIA).
- Your **aptitude profile supports roles that require analysis, communication, and abstract thinking**, but less so for mechanical or repetitive clerical tasks.

🏆 Top Career Domains (Aligned Across All Three Assessments):

1. Psychology, Counseling & Mental Health

- **Why?** Matches INFJ values, SIA interests, and high verbal/logical aptitude.
- **Potential Roles:**
 - Clinical Psychologist
 - School or Career Counselor
 - Mental Health Educator
 - Therapist (Art/Drama/Cognitive)

2. Education, Training & Learning Design

- **Why?** INFJs are natural educators; SIA supports it; strong communication skills.
- **Potential Roles:**
 - Instructional Designer
 - Higher Education Faculty (Psychology, Sociology, Humanities)
 - Educational Consultant
 - E-learning Content Developer

3. Social Research & Human-Centered Analysis

- **Why?** Strong in abstract/logical reasoning and socially conscious.
- **Potential Roles:**
 - Social Research Analyst
 - Public Health Researcher
 - Policy Analyst (Human Development, Mental Health)



- Behavioral Data Analyst

4. Writing, Communication & Media

- **Why?** High verbal skills, creative inclinations, and interest in impact.
- **Potential Roles:**
 - Content Strategist
 - Grant Writer (for NGOs, causes)
 - Health or Science Journalist
 - Author / Editor (Non-fiction, Psychology, Education)

5. Human Resources & Organizational Development

- **Why?** INFJs excel at understanding people; logical & verbal strengths help in strategic roles.
- **Potential Roles:**
 - Learning & Development Specialist
 - Employee Engagement Consultant
 - Organizational Psychologist
 - Diversity & Inclusion Manager



🌀 Creative + Empathy-Focused Roles (Optional Exploratory Paths)

- Art Therapist / Expressive Arts Facilitator
- UX Designer with focus on accessibility and empathy
- Documentary Producer (Social Issues)
- Mindfulness Coach / Spiritual Advisor



Study & Skill Recommendations

| Area | Suggested Courses / Certifications |
|-------------------------|--|
| Psychology / Counseling | MA in Psychology, Counseling Certification, Mental Health First Aid |
| Education / L&D | Instructional Design, Education Technology, Master's in Education |
| Writing / Communication | Creative Writing, Journalism, Technical Writing Certification |
| Social Research | Data Analytics for Social Impact, SPSS/R Programming for Researchers |
| HR / OD | PGDHRM, Talent Management, Organizational Psychology courses |

Career Development Tips

- **Start small:** Intern or volunteer in NGOs, schools, counseling centers, or research labs.
- **Keep reflecting:** Revisit your values and emotional well-being often to avoid burnout.
- **Develop your niche:** Merge your analytical skills with your empathy to create a unique career identity.
- **Network meaningfully:** Seek out communities in psychology, education, social science, or writing.

Insight:

You are best suited for careers that are **people-centered, intellectually engaging, and value-driven**. With your INFJ depth, SIA interest alignment, and strong aptitude in language and reasoning, you will thrive in **purposeful professions that combine insight, service, and creativity**.

★ Choose a career where **compassion meets intellect, analysis meets empathy, and creativity meets impact**.





🔍 Career Research

Exploring Career Clusters & Educational Paths

Your profile is best suited for career clusters where **empathy, communication, creativity, and analytical thinking** intersect.

📖 Career Clusters to Explore:

| Cluster | Ideal Careers | Matching Attributes |
|---|---|---|
| Psychology & Mental Health | Clinical Psychologist, Counselor, Therapist, Behavioral Analyst | INFJ + Social + Aptitude in logic/verbal |
| Education & Learning | Educator, Curriculum Developer, Instructional Designer, Academic Researcher | INFJ + Social + Verbal & Abstract skills |
| Communication & Media | Content Writer, Journalist, Communication Strategist | Verbal Strength + Artistic & Investigative traits |
| Human & Social Services | Social Worker, NGO Program Manager, Policy Advocate | INFJ values + Social + Abstract Reasoning |
| Research & Analysis | Market Research Analyst, Social Science Researcher, Public Health Analyst | Investigative + Abstract Reasoning + INFJ insight |
| Creative & Expressive Fields | Art Therapist, Documentary Filmmaker, Creative Director | Artistic + INFJ purpose-driven creativity |



🎓 Suggested Educational Paths:

| Field of Study | Ideal For |
|--|---|
| B.A. / M.A. in Psychology | Counseling, Therapy, HR, Mental Health |
| B.Ed. / M.Ed. or Education Design | Curriculum development, Teaching, Learning Tech |
| B.A. in Journalism / Mass Comm | Content Creation, Research Writing, Public Policy |
| B.A. in Sociology / Social Work | NGO roles, Community Development, Policy |
| Human-Centered Design / UX Courses | Empathy + design + problem-solving |
| Certification in Counselling / Therapy | Complement existing education with practical skills |

Career Planning – Choosing Stream/Subjects or Higher Studies Path

◆ If you're in High School (Grades 9–12):

- **Choose Humanities/Arts or Science with Psychology** (if available)
- Recommended Subjects:
 - **Psychology**
 - **English / Literature**
 - **Sociology**
 - **Political Science / History / Philosophy**
 - **Optional: Mathematics or Statistics** (useful for research and data analysis)



🎓 If you're entering College / University:

| Stream | Recommended Degree / Major |
|-------------------------|---|
| Psychology / Counseling | B.A. / B.Sc. in Psychology → M.A. / M.Sc. + Counseling Cert. |
| Education | B.Ed. / B.A. in Education → M.Ed. / Instructional Design |
| Communication / Writing | B.A. in Journalism / English → Content Strategy or PR |
| Social Sciences | B.A. in Sociology / Social Work → M.A. in Development Studies |
| UX / Human Factors | UG in Psychology / Design → Certification in UX / HCI |

🎯 Goal Setting – Creating a Roadmap

🎯 Short-Term Goals (0–2 Years):

- ❑ Explore careers via job shadowing, internships (schools, NGOs, research orgs)
- ❑ Build foundational knowledge (choose subjects aligned with INFJ & SIA profile)
- ❑ Join clubs/communities: debate, writing, psychology forums, volunteer orgs
- ❑ Take online courses: Counseling, Research Methods, Communication, UX

🚩 Medium-Term Goals (2–5 Years):

- 🎓 Complete undergraduate degree aligned with chosen career path
- 📋 Obtain certifications (Counseling, Public Speaking, Research tools like SPSS)

- 📋 Gain practical exposure via internships or assistant roles
- 📊 Start building portfolio or research work for further studies

🏠 Long-Term Goals (5+ Years):

- 🎓 Pursue post-graduation (Master's or Professional Certification)
- Specialize in a niche: Clinical Psychology, Educational Technology, Content Strategy, etc.
- 🌐 Build a personal brand: Blog, YouTube, or Portfolio to share your knowledge/insight
- 📁 Transition into preferred role: Counselor, Educator, Researcher, Writer, or Strategist



□ Final Note:

You are naturally built for careers that blend **purpose, empathy, analytical thinking, and creativity**. Your success will come not just from choosing the right field, but by **aligning your career with your personal values and emotional intelligence** — which are your greatest assets.

"Your career is not just about making a living — it's about making a difference. Choose a path that speaks to your heart, challenges your mind, and serves a greater purpose."